



# Blue Heron

CAFE & BAKERY

304 North Mitchell St.  
Cadillac, MI 49601  
231-775-5461  
www.cafeblueheron.com

## Winter Menu

### Salads

**Nature Lover's Salad**—Seasonal greens, almonds, pecans, seasonal fruit and feta cheese served with our poppy seed vinaigrette. **\$7.50**

**Roasted Chicken Pesto Salad**—Blue Heron roasted chicken with asiago cheese, tomato, red onion, sourdough croutons and pesto vinaigrette. **\$7.95**

**Market Salad**—Mixed greens, turkey, ham, hard-boiled egg, white cheddar cheese, smoked cheddar cheese, onion and tomato with your choice of dressing. **\$7.95**

**Roasted Beet Salad**—Mixed greens with roasted beets, topped with two local, free-range poached eggs, cracked black pepper, quinoa, balsamic glaze, goat cheese, red onion and croutons. **\$8.95**

**Butternut Squash Salad**—Roasted butternut squash, sautéed apples, toasted pumpkin seeds and pecans in a soy and maple syrup butter, served warm over mixed greens and topped with balsamic glaze and honeyed goat cheese. **\$8.95**

### Our Signatures

All of our signature sandwiches are served on our homemade sourdough bread.

✦ **Roasted Vegetable**—Roasted peppers, onions, garlic and tomatoes tossed with kalamata olives and topped with havarti cheese on grilled sourdough bread. **\$7.95**

✦ **Grilled Portabella Mushroom Sandwich**—Grilled portabella mushrooms, spinach, asiago cheese and red onions on grilled sourdough bread. **\$7.95**

✦ **Roasted Chicken Pesto Sandwich**—Roasted chicken, pesto, asiago cheese, lettuce and sun-dried tomato mayonnaise on grilled sourdough bread. **\$7.95**

**Ham & Cheese Sandwich 2 Ways**—Thin sliced Bavarian ham and gruyere cheese on grilled sourdough bread.

Madam—topped with two local-raised fried eggs

Monsieur—topped with sauced Mornay **\$7.95**

✦ **Sweet Potato Medallion Sandwich**—Sweet potato medallions, bleu cheese, caramelized onions, sautéed shitake mushrooms and balsamic fig reduction served on our grilled sourdough bread. **\$7.95**

**Turkey BLC** - Maple turkey, apple wood smoked bacon, havarti cheese, Romaine lettuce and sun-dried tomato mayonnaise on our grilled sourdough bread. **\$7.95**

✦ **Bourbon Roast Beef**—House roasted New York strip, sliced thinly and topped with bourbon-horseradish sauce, onion, tomato and lettuce on grilled sourdough Bread. **\$8.95**

**Tuscan Ham & Cheese Sandwich**—Grilled Bavarian ham with caramelized onions, apples Michigan cheddar cheese and mayonnaise on grilled sourdough bread. **\$7.75**

**Chipotle Beef Wrap**—House Roasted New York Strip, thinly sliced, chipotle aioli, red pepper, red onion, spinach and black beans in a lawash wrap. **\$8.95**

**Roasted Winter Wrap**—Butternut squash, carrot, spinach, quinoa, black beans and feta cheese in a lawash wrap. **\$7.50**

### Inside the Box

#### Deli Sandwiches—\$6.95

These sandwiches come on grilled sourdough with lettuce, tomato, onion and a pickle spear.

Choose between:

- ☞ Bavarian Ham with white cheddar and mayonnaise
- ☞ Turkey with havarti and mayonnaise
- ✦ Veggie Works with lettuce, tomatoes, onions, cucumbers, carrots, pepperoncini's, pickles and mayonnaise
- ☞ 1/2 of a deli sandwich with a cup of soup of the day

### Soup of the Day

Cup.....\$3.25

Bowl....\$4.50

Bottomless bowl of soup with sourdough bread....\$6.95

☞ Add a cup of soup to any menu order for only \$1.25

☞ Add \$1.75 for a split plate

\*Consuming undercooked meats or eggs may increase your risk of foodborne illness.

### GLUTEN FREE INGREDIENTS

If you need products made with gluten free ingredients, try our gluten free bread with your sandwich.

✦ *Items can be made with gluten free breads!*

*We have chocolate chip cookies and oatmeal raisin cookies made from gluten free products available. (Please order these one day in advance.)*