

Blue Heron Café & Bakery

Breakfast Menu

Served Daily 7:00 am.—10:30 am

Saturday 7:00 am—2:00 pm

www.cafeblueheron.com

Customer Favorites

<u>Health Craze</u> ... Vanilla yogurt topped with our homemade granola and fresh fruit.....	\$5.50
<u>Fresh Multi-grain Cereal</u> ... Hot multi-grain cereal topped with fresh and dried fruits and nuts.....	\$5.50
<u>Home-style Country Breakfast</u> ... Two eggs any way you like them, fried potatoes, grilled sourdough bread and your choice of sausage or bacon.....	\$7.25

Omelets & Scramblers

Our omelets are all made with 3 local farm eggs and served with fried potatoes, choice of grilled sourdough bread or a bagel & freezer jam.

<u>Tuscan Omelet</u> ... Bavarian ham, apples, caramelized onions, fresh basil and white cheddar cheese.....	\$7.25
<u>Roasted Vegetable Omelet</u> ... Roasted peppers, garlic, onions, tomatoes, kalamata olives and Havarti cheese....	\$7.25
<u>Fresh Vegetable Omelet</u> ... Red onions, spinach, carrots, tomatoes, sliced red peppers and Havarti cheese.....	\$7.25
<u>Greek Omelet or Scrambler</u> ... Fresh spinach, feta cheese, kalamata olives and sun-dried tomatoes.....	\$7.25
<u>Pesto Scrambler</u> ... Scrambled eggs with fresh pesto and melted asiago cheese, fried potatoes, sourdough toast and choice of meat.....	\$7.25

Sourdough French Toast with real Michigan Maple Syrup — \$7.25

Cinnamon French Toast... Dipped in cinnamon-sugar egg blend and grilled to golden, brown perfection.

Stuffed French Toast... “Stuffed” with strawberry cream cheese.

Breakfast Sandwiches and Wraps

All sandwiches are served with fried potatoes — \$6.50

Breakfast Sandwich... Scrambled eggs, bacon and your choice of fresh scallion cream cheese or goat cheese on our fresh sourdough bread.

Scrambled Egg and Turkey Wrap... Scrambled eggs, turkey, bacon and scallion cream cheese in a lawash bread wrap.

Roasted Vegetable Wrap... Scrambled eggs and roasted pepper, vegetable mix with kalamata olives and scallion cream cheese in a lawash bread wrap.

We now have granola and breads made with gluten free products for all of you that need them! We have white, buckwheat or seeded bread available. These products can replace any breads on our menu!



Sides

2 Eggs.....	\$2.50
2 Eggs with toast & freezer jam.....	\$3.95
2 Eggs with fried potatoes.....	\$3.95
Bacon.....	\$3.95
Sausage or ham.....	\$2.95
Toast with freezer jam.....	\$1.75
Cup of fruit.....	\$2.50
Potatoes.....	\$2.50

*Ask your server about menu items that are cooked to order. Consuming undercooked meats or eggs may increase your risk of foodborne illness.

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